

Facing Fears

Psalm 34

Key Verse:

"I sought the Lord, and he answered me,
and delivered me from all my fears." Psalm 34:4

I. It Begins With An Attitude of Worship!

- A.** Weigh heavy
- B.** Praise
- C.** Continually
- D.** Soul
- E.** Be Strong
 - Boast
 - Humble, hear and be glad
- F.** Magnify and exalt His name

II. Three Steps To Deliverance VS 5-7

- A.** Never be ashamed of your fears
- B.** Depend on the Lord's power
- C.** He gives us strength – He is with us

III. Try It – You'll Like It!

- A.** Taste – experience
- B.** Enjoy
- C.** He'll satisfy you

IV. Understand Perspective VS 11-18

- A.** Get a grip
- B.** Depend on God
- C.** He is on your side
- D.** Stay humble and dependent

V. Security Is In Our Relationship With The Lord, Not In Our Circumstances

- A.** Life is tough
- B.** God is able
- C.** He protects us
- D.** Condemns our enemies
- E.** Never condemns us

VI. Thoughts

- A.** There will always be things in our lives that cause fear. Fear is a given.
- B.** But we handle our fear through a continual attitude of praise and worship. God is the one who can deliver us every day from our fear as we bless His name and exalt Him.
- C.** As we worship we become aware that we are never alone. His presence and power are always available to us.
- D.** If you are facing fears today, taste and see that God is good. Try worshipping God and praising Him and looking for His power in overcoming your fears.